

Under the Influence: The Impact of Gaming & Artificial Intelligence (AI), Porn, & the Harms to Youth

**Dr. Mandy Sanchez,
Director of Programming**



Thank
😊 you!

Content Warning:

Today's training will address sensitive topics such as sexual violence, abuse, exploitation, trauma, pornography, trafficking, and CSAM.

Discretion & self-care is highly encouraged.



- ✓ Gaming platforms & AI have become pornified.
- ✓ Kids are on these platforms (& using AI).
- ✓ MDTs need to understand how kids are interacting on these platforms.
- ✓ Porn-critical digital media literacy = child sexual abuse prevention!



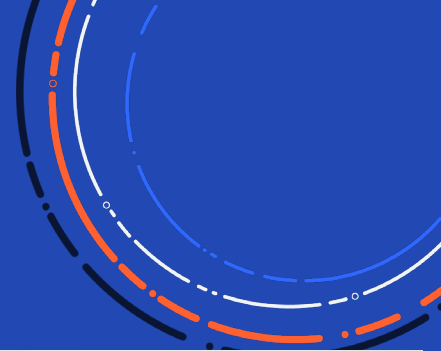
Pornography...A Working Definition

- A specific industrial product that commodifies human intimacy for profit
- A powerful media representation that shapes sexual scripts, social reality, culture, & personal identity





*Kids today are being
bombaraded by
hypersexualized images
that contribute to a
pornified culture*



12:10



ULTA **ultabeauty** Sponsored

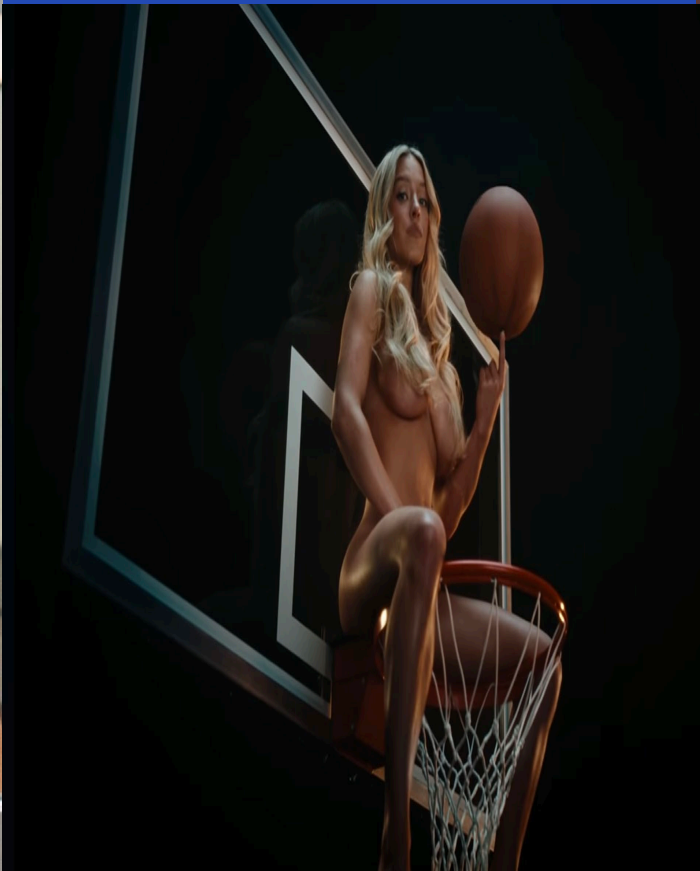


“Because we all deserve a better bang.”

Sabrina Carpenter

SHOP NOW

[SHOP NOW](#)









Meme

Oh





gettyimages[®]
Credit: Rodin Eckenroth

2221403716

Culture Renaissance



Basically, porn is everywhere.

– 14 year-old boy, Office of the
Children's Commissioner - England

The Domestication of the Internet Made Porn More

Affordable

Accessible

Anonymous

The 3 Major Drivers of Demand!

1 in 3

kids say they've seen explicit,
hardcore porn by age 12.



Much of this content is
misleading, degrading, and
objectifying.



Violence in Mainstream Pornography

**“Sex is kind of broken now”:
children and pornography**

August 2025



David Ludden Ph.D.
Talking Apes

SEX

A Quarter of America's Youth Learns About Sex From Porn

The abysmal state of sex education in the United States.

Updated February 7, 2025 |  Reviewed by Lybi Ma



 THE BASICS

[The Fundamentals of Sex](#)

[Take our Romantic Personality Test](#)

[Find a sex therapist near me](#)

KEY POINTS

- Only 39 states mandate sex education, 17 of them require that it be medically accurate.
- Nearly half of adolescents and young adults do not receive useful information about sex from any source.
- About a quarter of young adults said they relied on watching porn to learn how to have sex.
- Education about preventing pregnancy and disease, as well as social skills and what is consensual, is needed

Mainstream, Online, Free Porn Teaches Kids

- Objectification, sexism, racism, homophobia
- Unhealthy views of bodies, sex, relationships
- Consent is optional
- Protection is optional
- Sexual violence is normal, desirable, & acceptable

Adolescent Vulnerability to Pornified Media



Psychological/ Mental Health Risks

- Undermines self-awareness, self-regulation, impulse control
- Poorer body image & lower self-esteem
- Depression & anxiety

Behavioral Risks

- Engagement in risky sex and casual sex - at younger ages
- Erectile dysfunction, low libido, difficulty orgasming
- Preference for pornography over actual sex with a partner
- Violence against girls & women

Porn Exposure & Problematic Sexual Behaviors (PSB) in Boys

Causal relationship!

- More likely to want to try out what they had seen
- More likely to sexually harass
- **3.3 times more likely to engage in PSB**

From Porn to the Playground

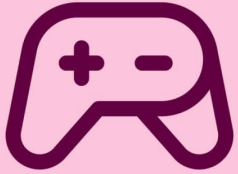
- Age of perpetrator and the victim is younger
- Porn-themed acts:
 - Name-calling
 - Hair-pulling
 - Biting
 - Strangulation
 - Anal penetration



Digital Ecosystems, Children, and Adolescents: Policy Statement

Tiffany Munzer, MD, FAAP,¹ Joanna Parga-Belinkie, MD, FAAP,² Libby Matile Milkovich, MD, FAAP,³ Suzy Tomopoulos, MD, FAAP,⁴ Taiwo Ajumobi, DO,⁵ Corinn Cross, MD, FAAP,⁶ Roslyn Gerwin, DO,⁷ Sheri Madigan, PhD, R. Psych,^{8,9} and the Council on Communications and Media





**US 15-16-year-olds
spend more time
gaming than watching
TV or listening to music**



**Children who play violent
video games are more
likely than non-gaming
peers to encounter online
pornography.**

Source: Hou et al, 2022

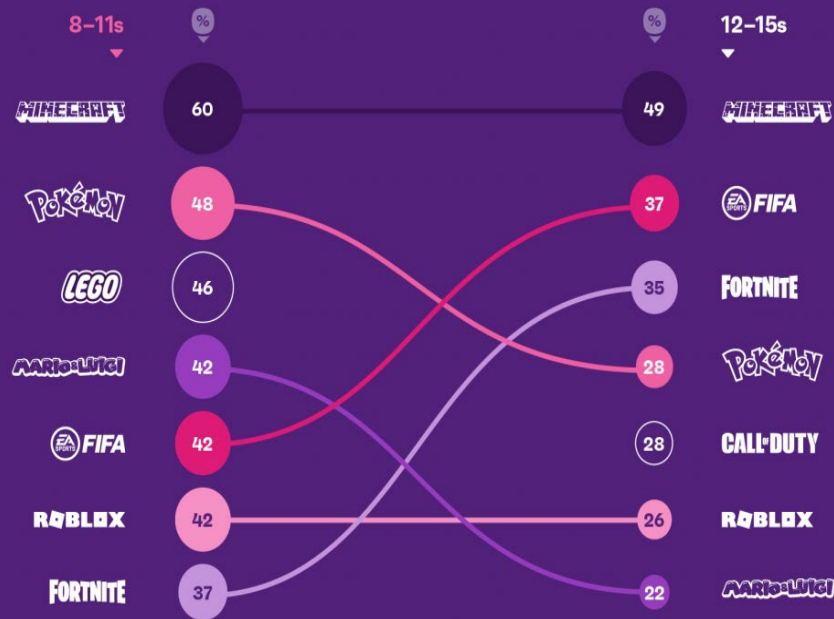
CultureReframed





Top games titles: building, creating, connecting

% of gamers who play these games/have played these in the last month

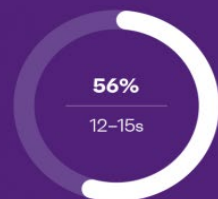


? Have you ever played these games? (8-11 Only) /
Have you played any of the games listed below in the last month? (12-15 Only)

GWI Kids Q1 2021 13,114 kids who play video games aged 8-15

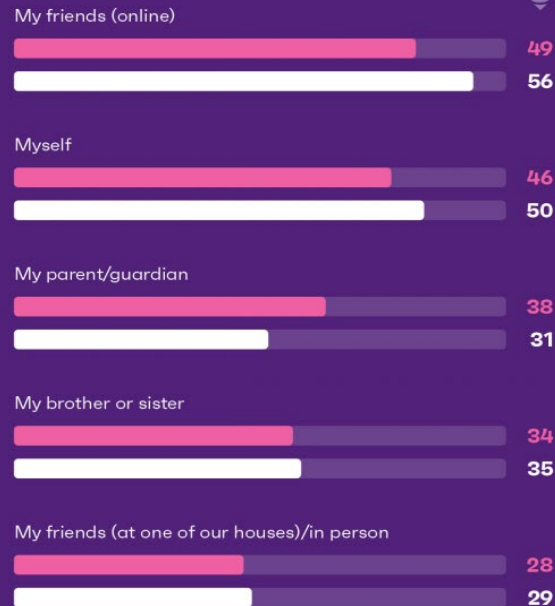
Gaming is a social space for many

% of gamers who
talk to their friends
online while they play



% of gamers who say they play video games against/with the following

● 8-11s ● 12-15s



? Which of these do you agree with about video games? | When I play video games I am normally playing against... (8-11 Only) / Who do you usually play video games with? (12-15 Only)

GWI Kids Q1 2021 13,114 kids who play video games aged 8-15

Roblox's "Condos"





I was playing Roblox and I was on a game where you work at a pizza place and two people were pressuring girls to do inappropriate stuff with them and if they did, they would get extra money in the game.

Girl aged 14
NSPCC & Childline Report



I met this user on Roblox when I was, like, 10. He said he was my age (although now I know that was a lie) After a while, he asked me to send pictures and if I did, he would give me Robux in the game - so I sent him some pics. After that, he started asking for more pics and even threatened to post the ones he had if I said no.

Boy aged 12
NSPCC & Childline Report



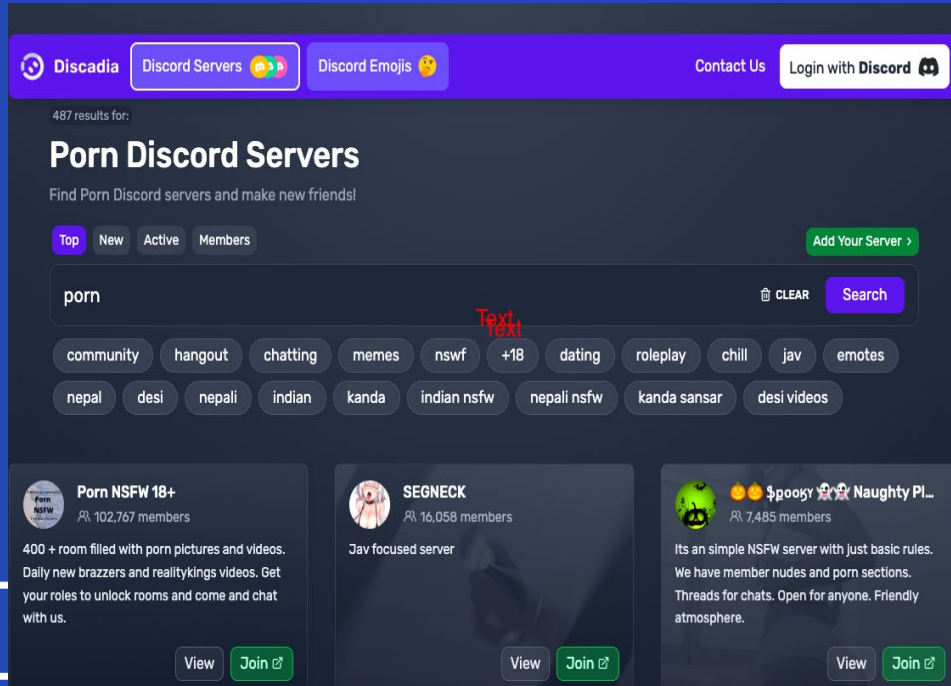
GROUP CHAT THAT'S ALL FUN & GAMES

Discord is great for playing games and chilling with friends, or even building a worldwide community. Customize your own space to talk, play, and hang out.





XXX



- 100,000+ NSFW servers
- 30+ million contributing to adult content



13+



 1,872



995

Teen Paradise

Teen-NSFW community in need of girls! This is a community for people between the ages of 13-17. we trade nudes, we do events. Join us for the best Teen-NSFW experience <3

Teen Nsfw | Nudes | 13-17



T33N CP Selling

COMMUNITY

NSFW

MEGA

INCEST

TABOO

DARK-WEB

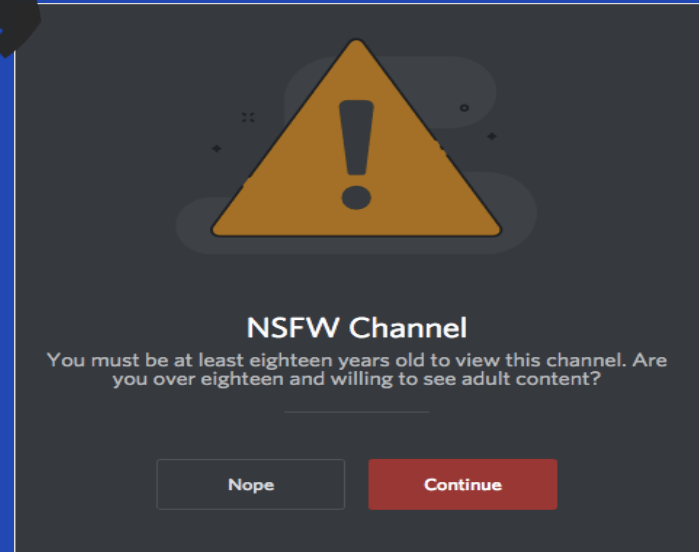


JOIN THIS SERVER

Porn Industry & Gaming

Hunting Ground:

- Inappropriate content
- Open chat
- Location tracking
- Encourages Donations



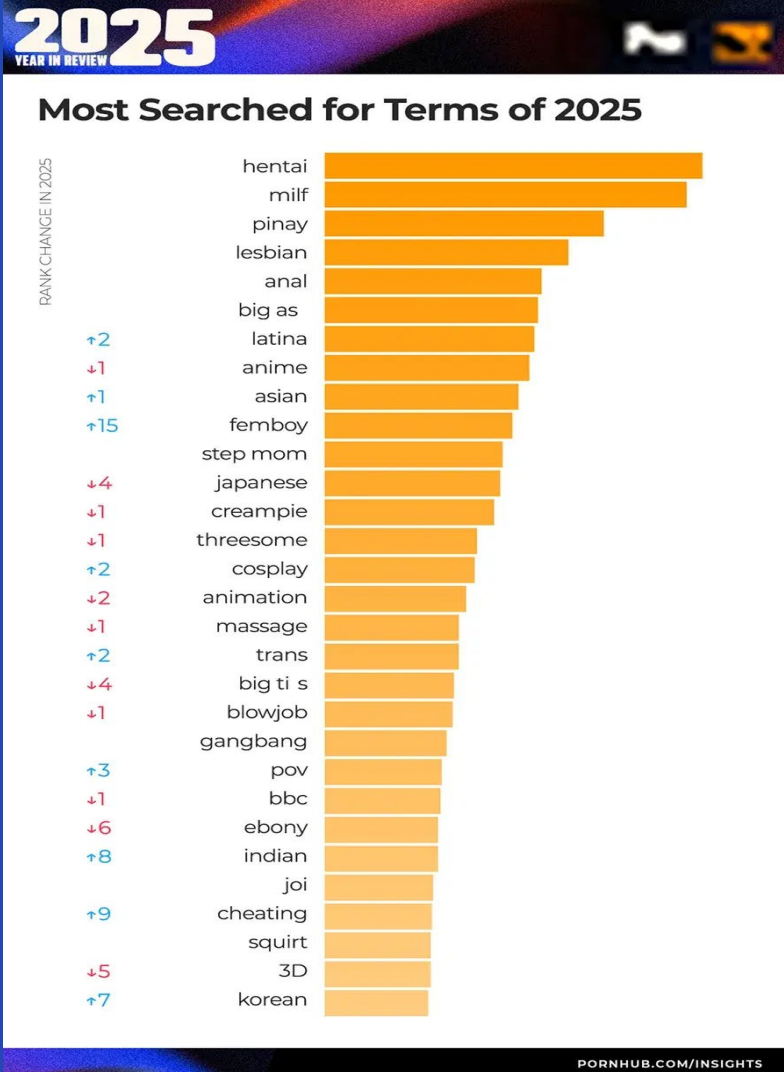
Porn Industry & Gaming

- **500,000+** members
- Built by actual porn performers
- Distributes free porn

CultureReframed



The most searched for
term of **2025** on
Pornhub is “hentai”



What is Hentai?

- Japanese phrase for “sexual perversion”
- Pornified versions of anime
- Cartoon characters from movies, television, gaming
“likely to be familiar or appealing to children”
- Typically look like kids



A large white circle containing two quotation marks: a grey opening quote on the left and an orange closing quote on the right.

*Children aged 6-12,
compared to adults, are
disproportionately
exposed to pornography
sites specializing in non-
photographic content.*

British Board of Film Classification
(BBFC)

December 2022

Top video: Disney Princess Hentai
(6.9M views on Pornhub)



Hentai

- Depicts legally defined criminal acts of sexual violence
- Frames youth and preadolescents as the legitimate objects of adult sexual desire

DIGNITY

A JOURNAL OF ANALYSIS
OF EXPLOITATION AND VIOLENCE

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Home > Dignity > Vol. 8 > Iss. 1 (2023)

Hentai and the Pornification of Childhood: How the Porn Industry Just Made the Case for Regulation

[Gail Dines, Wheelock College](#) [Follow](#)
[Mandy Sanchez, Fairmont State University](#) [Follow](#)

Biography

Gail Dines, Ph.D., is a Professor Emerita of sociology and women's studies. She has researched and written about the porn industry for over thirty years. She is a recipient of the Myers Center Award for the Study of Human Rights in North America and the author of numerous books and articles. Her latest book, *Pornland: How Porn Has Hijacked Our Sexuality*, has been translated into five languages. She is the Founder and President of Culture Reframed, a non-profit organization working to stop the emotional, behavioral, and sexual harms of pornography on children and youth. She has consulted for a number of governments around the world on developing programs and legislation to address the harms of pornography.

Mandy Sanchez, Ph.D., specializes in domestic and sexual violence; the intersectionality of gender, sexualities, place, and trauma; the harms of pornography to young people and women; and justice-involved women and children. She co-founded and remains on the Research Center on Violence at West Virginia University board. She is a frequent facilitator for the International Inside-Out Prison Exchange Program.

[Download](#)

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Kate Millett Memorial Issue
Freedom from Sexploitation

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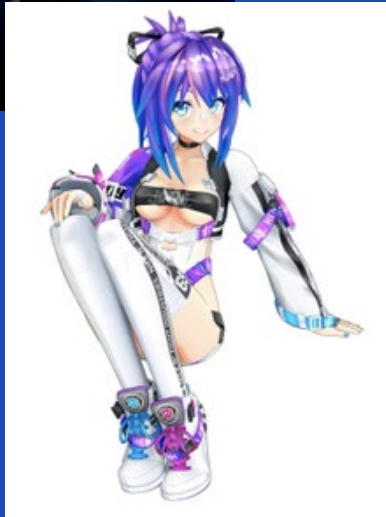
Search

Hentai

- Adults who collect real CSAM view more hentai—and bestiality and teen porn—than non-offenders
- Hentai ensures that today's kids are tomorrow's paying customers*

The screenshot shows the homepage of the journal 'DIGNITY: A JOURNAL OF ANALYSIS OF EXPLOITATION AND VIOLENCE'. The navigation bar includes links for Home, About, FAQ, and My Account. A left sidebar contains links for Journal Home, About This Journal, Aims & Scope, Editorial Board, Policies, Call for Papers, Style Guide, Submit Article, and Receive Email Notices or RSS. Below this is a 'SPECIAL ISSUES' section listing 'The Butterfly Longitudinal Study of Sex Trafficking in Cambodia', 'Kate Millett Memorial Issue', and 'Freedom from Sexploitation'. At the bottom of the sidebar is a 'Select an issue:' dropdown menu set to 'All Issues' with a 'Browse' button, and a 'Search' field. The main content area features the article 'Hentai and the Pornification of Childhood: How the Porn Industry Just Made the Case for Regulation' by Gail Dines (Wheelock College) and Mandy Sanchez (Fairmont State University). A 'Download' button is visible next to the article title. To the right of the article, it shows '51,509 DOWNLOADS' since February 28, 2023, and a 'PLUMX METRICS' icon. Below the article, a 'Biography' section for Gail Dines is partially visible, followed by a 'Mandy Sanchez' section. A 'INCLUDED IN' section lists various academic databases like Criminology Commons, Gender and Sexuality Commons, Social Control Commons, Law, Crime, and Deviance Commons, and Social Justice Commons. At the bottom right, there is a 'SHARE' section with social media icons for Facebook, LinkedIn, WhatsApp, Email, and Print.

Projekt Melody



- Digital pornstar → YouTube Channel (25+million views)
- Livestreams on Chaturbate & sells porn on OnlyFans
- Vibrator that reacts to donations from viewers

These Cats Do Not Exist

Learn More: [Generating Cats with StyleGAN on AWS SageMaker](#)

Enable BOTH stylegan1 & 2 results: ☐ |





thispersondoesnotexist.com





*I sometimes struggle to
pick out what's truly AI
because it just keeps
getting better.” – Girl,
17*

– Office of the Children's
Commissioner - England

Artificial Intelligence

Artificial intelligence is a broad field in computer science focused on building systems that can perform tasks that usually require human intelligence.

These tasks include things like:



recognizing
speech



understanding
language

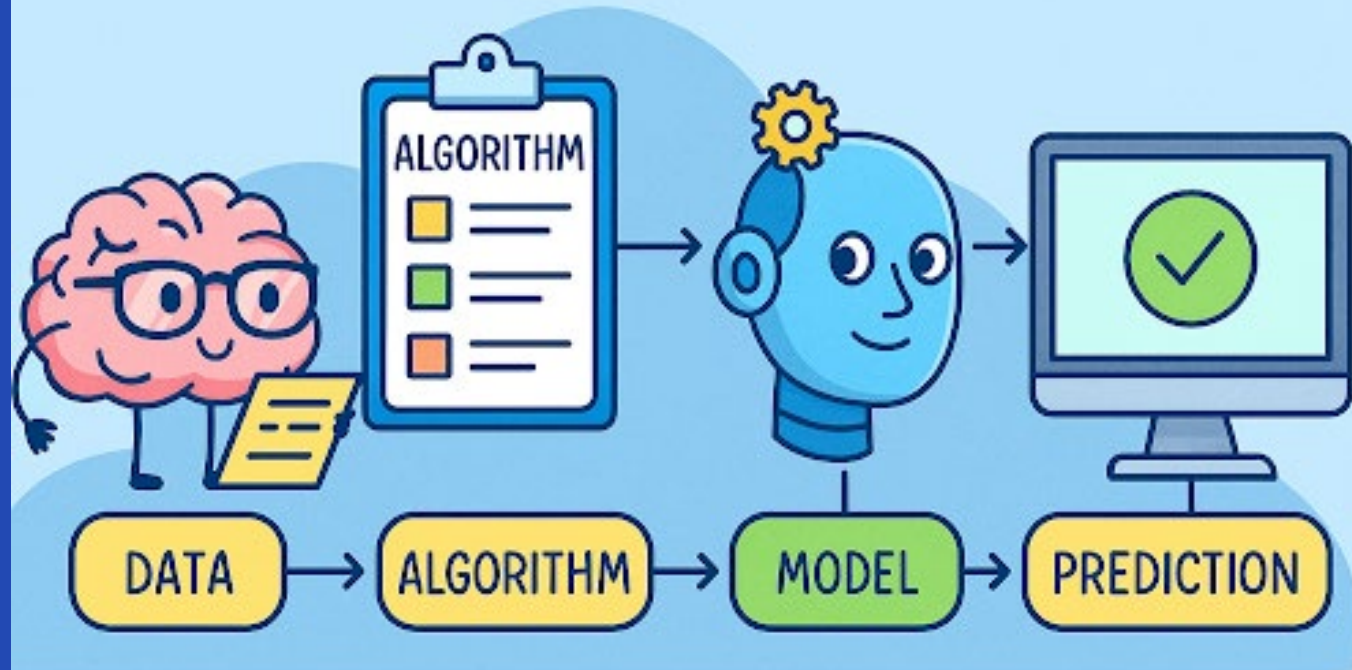


making
decisions



analyzing
data

HOW DOES AI WORK?



THE

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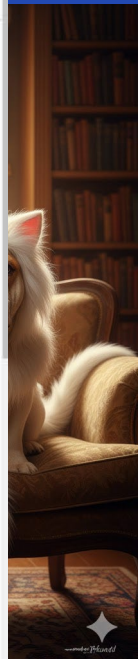
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www.visualdictionary.org



NETFLIX



Google Maps



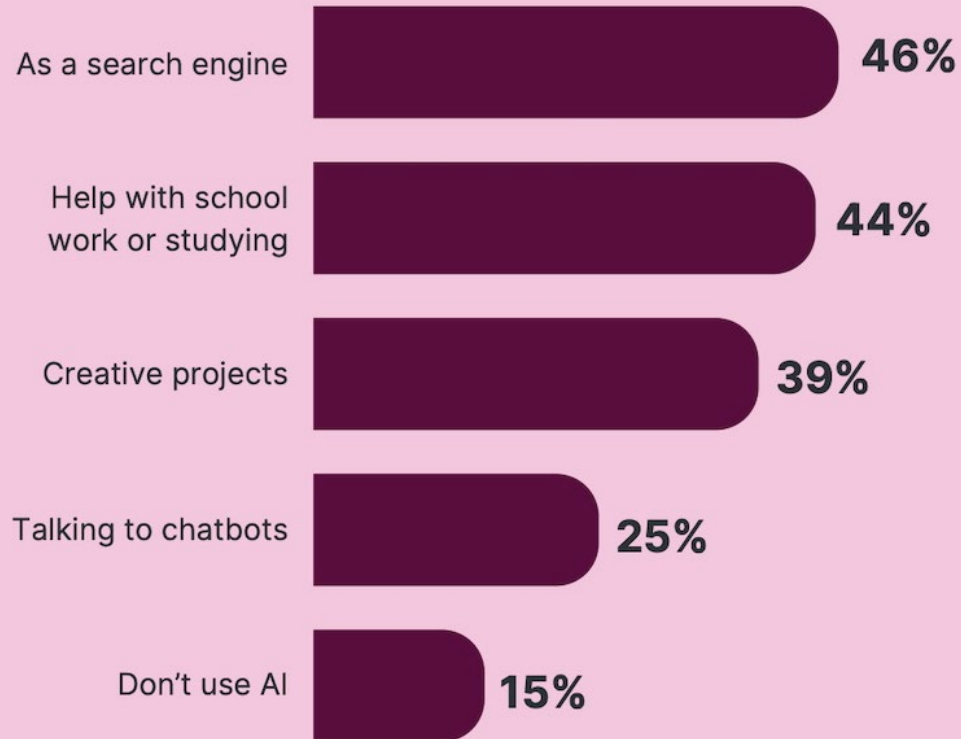
Sent Mail

Spam (372)

Trash



How Gen Alpha teens are using AI





ChatGPT



Khanmigo

TikTok Joins Google & YouTube as the New Search Engine in 2024



RipenApps





“

Like social media, AI is neither inherently good nor bad. But we have already seen instances where adolescents developed unhealthy and even dangerous ‘relationships’ with chatbots, for example. Some adolescents may not even know they are interacting with AI, which is why it is **crucial that developers put guardrails in place now.**”

APA CHIEF OF PSYCHOLOGY DR. MITCH PRINSTEIN,
who spearheaded the development of APA’s health advisory on artificial Intelligence and adolescent well-being.



← Post



Hookem 🐮🇺🇸 @hookem · Sep 14

You're all welcome. Hookem.



680 526 12K 8.8M

← Post



Evan Vieth 🇺🇸

@EvanVieth

"I saw the AI Edit of (Sark) slapping Holly Rowe."

I asked Arch Manning if he'd seen any edits on TikTok or Twitter after the game, and his answer is gold.



2:31 PM · Sep 14, 2026 · 36.2M Views

Explicit Deepfake Images of Taylor Swift Elude Safeguards and Swamp Social Media

Fans of the star and lawmakers condemned the images, probably generated by artificial intelligence, after they were shared with millions of social media users.

Teen Girls Confront an Epidemic of Deepfake Nudes in Schools

Using artificial intelligence, middle and high school students have fabricated explicit images of female classmates and shared the doctored pictures.



See Anyone Nud

The most powerful image deepfake AI ever created. See any g
clothless with the click of a button.

Upload Image

REMOVE CLOTHING FROM PHOTO WITH AI DEEPCNUDE BOT

The ClothOff Bot - Experience the power of AI with our Undress Bot
for instant results.

 **Try now (free)**

Where to download Telegram?

support@clothoff.io

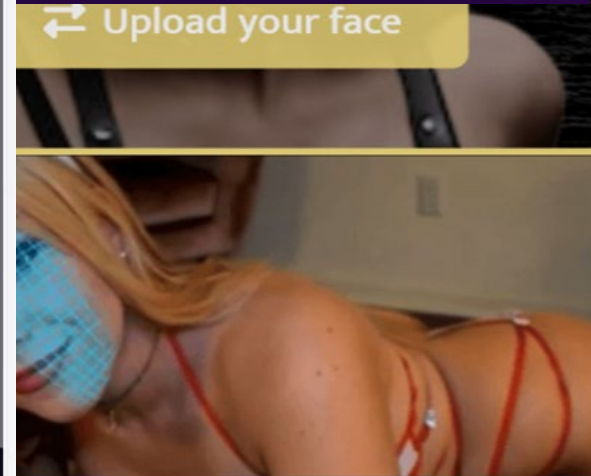


Clothoff.io 

DRESS ANY PHOTO DEEPCNUDE AI FOR FREE!

photo, wait a few seconds and get result!

 **Upload your face**



the field of **deepfake porn generation**, providing user

its advanced technology, the website enables users to exchange
the realistic results closely match the uploaded faces.



U.S. v. Andereg

13,000 sexual deepfakes

1 sent to a 15 yo boy on Insta

Applies a federal possession statute to wholly synthetic, obscene material possessed in the home, where no actual child is depicted in or victimized through its creation

T
is

Why kids, teens don't tell parents about sextortion, online interactions



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Only



Teens Are Turning to AI for Therapy

As AI tools become more common, more young people are turning to them for emotional support.

h AI?

exual Roleplay

ks

o

hip

Information

Help

candy.ai

*Your perfect companion
is waiting for you; all you
have to do is create her.*

VISA



CultureReframed

Musk launches AI girlfriend available to 12-year-olds

xAI's 'crazy in love' chatbot Ani designed to engage in sexual conversations with users



James Titcomb
Technology Editor

Related Topics
Elon Musk, Artificial Intelligence,
Ofcom, Big tech, Children

16 July 2025 2:41pm BST



343

Gift this article free



Ani the virtual girlfriend can spin around or dance on command and regularly initiates sexual conversations

A girlfriend chatbot launched by Elon Musk's tech group is available to 12-year-



AI that
feels alive

(character.ai)



Man in the corner



(character.ai)



Little Daughter

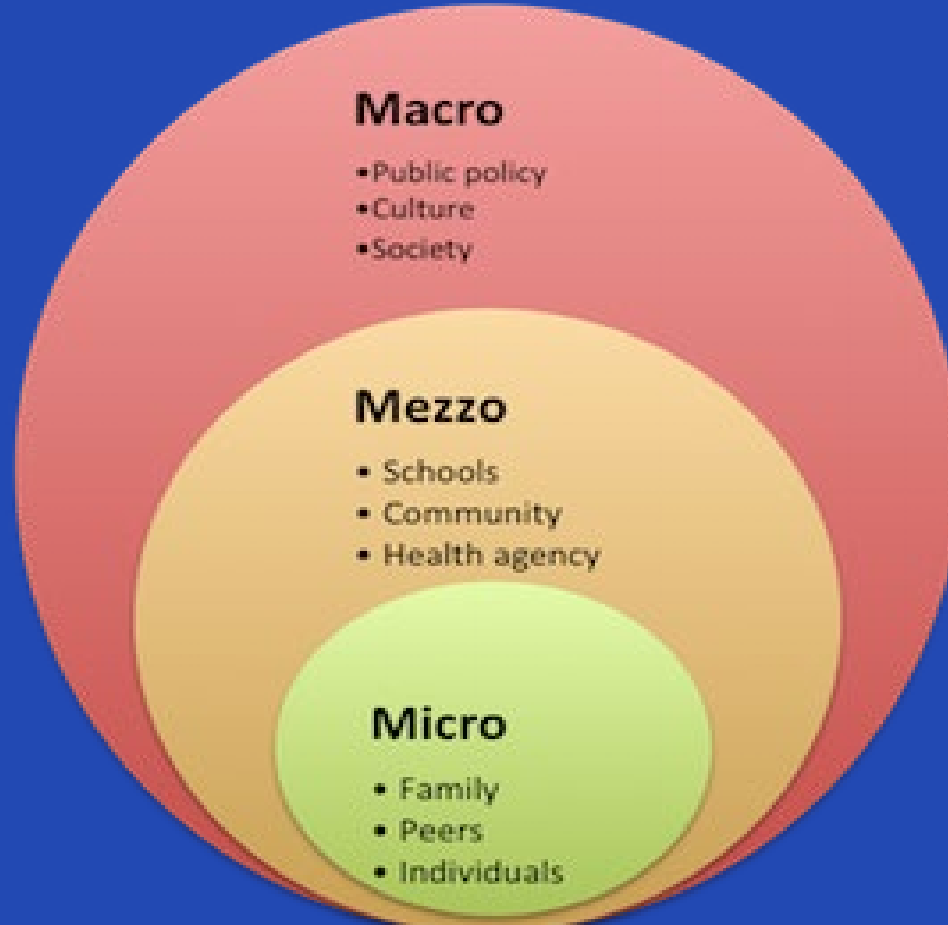






TIME FOR
GOOD
NEWS!

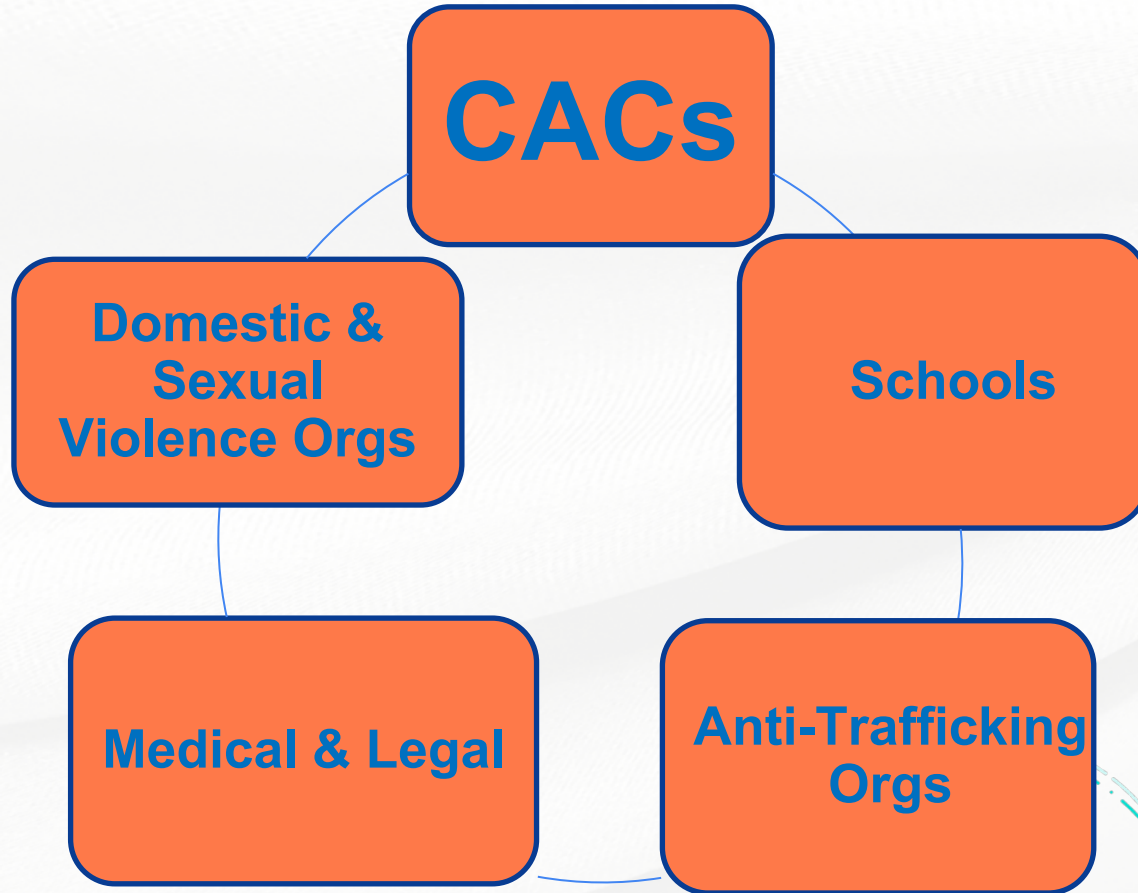
Working on an All-Systems Level



A Public Health Approach



Building Partnerships



Talk to Kids!

- It's never too early/too late!
- Scaffold information!
- Be present & intentional!



Possible Warning Signs*

- Withdrawal
- Closes device(s)
- Bathroom time
- Secretive about online/offline friends
- Lack of sleep
- Sexual language
- Mood shifts/depression/anxiety

**Warning signs may look different for your child, depending on their age & stage.*



CyberTipline

The **CyberTipline** place to report child exploitation.

If you believe you or someone you know is at risk,
we are here to help.

[Report Incident >](#)

Take **It** Down

[Get Started](#)

[Resources and Support](#)

Take It Down.
Having nudes online is
scary,
but there is hope to get it
taken down.

This service is one step you can take to help remove
online nude, partially nude, or sexually explicit photos
and videos taken before you were 18.

[Get Started +](#)

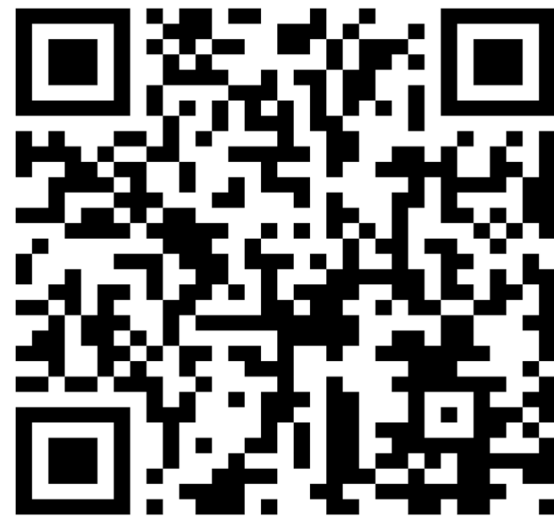
Resources for Child-Serving Professionals

- ★ Digital Suitcase
- ★ Informational Fact Sheets
- ★ Video Interviews
- ★ Screening Tools
- ★ Conversation Scripts



Online Courses for Parents

- ★ Research-driven & age-based
- ★ Full of educational resources
- ★ Guided conversation scripts



1 vs. 100

CONVERSATION SCRIPTS

gain confidence to approach difficult but necessary topics by accessing the scripts below

Body image and hypersexualization

Peer Pressure among boys & integrity

The harms of pornography

Walking in on watching porn

Talking about sexting

Technology boundaries

Pressure to be sexy

Avoid watching porn

Boundary setting

Sex and porn

Create a Plan!

★ *Wait Until 8th*

★ *Family Tech Guide*

★ *Customizable Social
Media & Smart Phone
Contract*



CultureReframed

Family Technology & Social Media **Contract**

Created for families to set shared expectations around technology use to foster open communication, healthy boundaries, independence, and safety in a connected world.



Before you begin:

Have each person think about what they want this agreement to achieve. Pick a calm 30-minute window (not evening) in a shared space and frame the discussion around safety. Mistakes will happen, and your teen should know you're there to help, not punish. Use positive "I will" language, let everyone speak without interruption, stay calm, and revisit the agreement every couple of months as things change. Parents/caregivers have final say.

Porn-Critical Sex Ed!

- ★ Anti-Exploitation Framework
- ★ Training Modules for Educators
- ★ Digital Media Literacy
- ★ Customizable & Comprehensive



Help reframe the conversation.



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CultureReframed.org





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info@culturereframed.org



**If we don't talk to kids
about porn, the porn
industry will...**



Thank
😊 you!